



Learner Newsletter

Introduction

It was great to see so many of you taking part in our New Year New You Fair on Wednesday, 4th January 2017, speaking about your health and well-being with the Sports Instructor and Ambassadors, taking advice from Lambeth Living Well Network, Brook Sexual Health, The Wells Counselling Centre and other partners for a positive start to 2017.

The foundation of achievement is built on developing a sense of excellence which is reflected in our Career Ready Standards. January can be a difficult month and your first and most important New Year's resolution should be to ensure you have excellent attendance and timekeeping. All the research

indicates that there is a direct correlation between high attendance and outstanding results.

We will be rewarding 25 learners with 90% plus attendance in January with laptops and a reminder that the bursary is also linked with 90% attendance. The strong message here is that you should attend all your lessons every day, including English and Maths. Do speak with your Learner Development Coach or tutor if you want to discuss any barriers in relation to attendance, we will work with you to remove obstacles and support your success.

"I've always believed that if you put in the work, the results will come. I don't do things half-heartedly, because I know if I do, then I can expect half-hearted results."
Michael Jordan

Laura Ryan

Head of Learner Development

LDCs

In their sessions this week the LDCs will be turning their attention to work experience. They will discuss why work experience is important and ask learners to identify careers that they are interested in. They will also look at different strategies for finding work experience, including online searches, cold calls and face-to-face contact. Finally, they will emphasise that perseverance and resilience are the keys to being successful in the hunt for good quality work experience.

Student Union Update

This week the Student Union (SU) will be finalising their move into the new SU office, S218. The room is located on the ground floor just past the lifts and

learners are encouraged to go and speak to SU members if they have any issues they would like to discuss or ideas they want to implement. They will also be looking ahead to 2017 with events being planned for LGBT month the next item on the agenda. Finally, the SU are discussing ways to make themselves more active around the college and visible to you so watch this space!

New Year, New You

Last week we welcomed back learners with a successful New Year, New You fair. Learners were able to sign up to volunteering opportunities with V Inspired, The Breyer Group and Duke of Edinburgh and start the new year as they mean to go on by getting involved with Clapham Leisure Centre, Cage Cricket and our very own sports enrichment program. Those who were feeling the aches and pains of Christmas indulgence got hints and tips about posture from chiropractors BackSpace and some learners will even be going to observe their practice in the coming weeks. The Well Centre, The Lambeth Living Well Network and Mosaic Clubhouse were on hand to talk to learners about coping with mental health difficulties and Lambeth FACE were giving advice about money issues. Finally we were really pleased to see representatives from Hope Not Hate and the Met Police talking to learners about the fight against extremism and community safety.



**"NEW YEAR
NEW YOU"**

**WHY WAIT?
START TODAY.**

Sports Enrichment

We would like to remind you all that the College Sports Enrichment activities including Chelsea Football club training sessions are back and takes place every **Wednesday** between **3:00pm to 5:00pm** on the **Clapham Common grass pitch** (just in front of the College, next to the basketball court), the next session is on Wednesday **the 11th of January at 3:00pm**. The training is run by a Chelsea Football Club Foundation coach and takes place every Wednesday except during the half terms. The best performing learners will be selected for the College Football Team to represent the college and also the most committed learners will be awarded with the Jack Petchey awards for outstanding performance. Also please check what other sport activities and events taking place at the college on the Sports Enrichment Notice Board which is based at the college reception.

Dates to remember of the next football games:

7-a-side football match: 18th January, Wednesday, Waltham forest, 1:00 to 4:00pm

11-a-side football match: 25th January, Wednesday, Clapham common, 3:30 to 5:00pm

7-a-side football match: 1st February, Wednesday, Tower Hamlets, 3:00 to 5:00pm

For more information please ask the College Sports Maker or one of the Sports Ambassadors.

Sports Enrichment: Volunteering 2017

Volunteering at Lambeth College is a fantastic way to have fun, learn new skills, meet new people, boost your CV and give something back. We offer rewards - educational trips, free t-shirts and vouchers. We have a variety of different volunteering opportunities so you can choose when, where and how you give your time to support us.

You can volunteer on your doorstep - in your class, at our Health and Well-being centre, or across the college trying to engage as many learners as possible to participate in any of our offered sports enrichment activities. Whether you have a day, a week or longer to give, Lambeth College has a variety of flexible opportunities on offer that can all help with CV and self-development.


The great thing about volunteering with Lambeth College is the choice of opportunities and rewards we can help with, and the support we give you to make your volunteering possible. For more information please ask the College Sports Maker or the Sports Ambassadors.



Laptop Assistance for Learners

Laptop Assistance for Learners in January

Learners who have 100% attendance in January can enter a prize draw to win a laptop.



We are offering you the chance to win a brand new laptop if you achieve 100% attendance for the month of January. Learners will need to register their names with their LDC or tutor.

A promotional poster with a purple background. At the top, the title 'Laptop Assistance for Learners in January' is written in white. Below the title, a white text box contains the main message. In the center, there is a photograph of a young man with glasses, smiling, sitting at a desk with a laptop. Below the photo, another white text box provides details about the prize draw and registration process.

Volunteering and Work Experience Fair - Wednesday 25th January

On Wednesday 25th January we will be hosting our annual Volunteering and Work Experience Fair here at our Clapham Centre. It will be between 11am – 2pm on SW4 The Street and will feature a wide number of voluntary organisations plus organisations that have links to real paid job opportunities! Look out for more details in the coming weeks however if you would like to get involved or find out more information please email Ben Powell at bpowell@lambethcollege.ac.uk

UCAS Final Deadline Reminder

Please remember that all UCAS applications will be sent by Friday 13th January 5pm. Please pay and send your application before this date so that your tutor has time to add a reference. Only after you have received a reference, your application can be sent to UCAS.

For more information, please contact Stefania Caria at

scaria@lambethcollege.ac.uk

